Pro Bowl: Soldiers meet NFL stars and lend a hand on game day

See p. B-1.



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Fallen warrior honored

Story and photo by SGT. DANIEL JOHNSON

2nd Stryker Brigade Combat Team Public Affairs, 25th Infantry Division

SCHOFIELD BARRACKS — A young widow stood at the podium in tears.

"I always felt safe just being by his side," she said.

It was clear her loss was immense and devastating. Her husband was being awarded the

Army's highest possible hon-

or during peacetime. The 2nd Stryker Brigade Combat Team, 25th Infantry Division, held a ceremony the morning of Jan. 24 at Weyand Field, here, to honor Spc. Jeremias The Soldier's Medal is a bronze Ortiz, a Soldier who made the ultimate sacrifice to

save the life of his wife,

Spc. Raelani Quintanilla, a signal support specialist with Headquarters and Headquarters Company, 2nd

Ortiz lost his life June 1, 2013, during a home invasion. He and Quintanilla were upstairs in their home when they heard a noise from the first floor. Ortiz, armed with a handgun, confronted the intruder, who was also armed.

After a short exchange, a firefight ensued, and Ortiz received two fatal gunshots to the neck while returning effective fire on the intruder and protecting

octagon under blue end stripes

with 13 red and white stripes.

"It's hard sometimes realizing that he's actually gone," said Quintanilla. "Even though I've seen what I've seen, it still feels surreal."

"The Soldier's Medal is the Army's most prestigious peacetime award for val-

or and is but a small token to offer for the willing sacrifice Spc. Ortiz made for his wife," said Col. Thomas Mackey, commander, 2nd SBCT.

The ceremony was more than just an awards presentation. Ortiz was a hero, and this ceremony allowed everyone to know more about him.

"His personality was so captivating that he would draw people in and make instant connections with them everywhere we went,"

said Quintanilla. "My husband was the type of person that would've risked his life to save a stranger. He always wanted to help others even if it meant giving the shirt off his back. I always felt safe and empowered just being by his side."

"Spc. Ortiz' actions are an example for Soldiers everywhere," said Mackey. "He responded as we hope we would all respond if we were faced with a similar threat. That is what the Soldier's Medal is about, true personal courage in the face of danger or



Maj. Gen. Kurt Fuller, commander, 25th ID, presents the Soldier's Medal to Spc. Raelani Quintanilla, signals specialist, HHC, 2nd SBCT, 25th ID, for the heroic actions taken by her husband, Spc. Jeremias Ortiz, that resulted in his death.

33K positions open to women

ARMY NEWS SERVICE News Release

WASHINGTON — One year ago, the Department of Defense announced the end of the direct ground combat exclusion policy, which restricted female service members from serving in unit-level positions below the brigade level with the primary mission of direct ground combat engagement.

Now, a year later, the Army announces its recent notification to Congress, through the DOD, to open 33K positions as part of its Soldier 2020 initiative.

The Army's Soldier 2020 initiative sets the conditions for senior leaders to balance and transition the force in a way that

New MOSs For Women

For a listing of the 132 military occupational specialties opening to women in April, visit www.hawai iarmyweekly.com.

makes the Army stronger, by having the best-qualified Soldiers for each job within the Army profession.

Prior to the DOD rescinding the direct ground combat exclusion policy, the Army had already begun leaning forward with a scientific approach to revalidate performance standards for each military occupational specialty (MOS).

'Opening these positions ensures the Army is properly managing the talent of all our service members, balancing readiness and the needs of a smaller force and positioning all Soldiers for success with viable career paths," said Col. Linda Sheimo, chief of the Command Programs and Policy Division, Directorate of Military Personnel Management, Army Personnel..

Once the Congressional notification process for this request is complete, the Army will open units and positions within 132 MOSs (not including occupations within Special Operations Command) to women in April 2014.

(Editor's note: From Army G-1 Public



Pilots get their first look and hands-on experience with the new UH-60M Black Hawk during the academics portion of their certification. The M model offers more efficient, safer flights by using improved digital systems that allow for easier controls and auto piloting.

CAB certifies new UH-60M

It's out with the old analog and in with the new digital

> Story and photos by SGT. MATTHEW RYAN 25th Infantry Division Public Affairs

SCHOFIELD BARRACKS — The pilots start their preflight checks on the aircraft like they have done hundreds of times before, but this time it was different.

Almost everything was the same, until it came time for the inside checks.

Inside of the helicopter looks like something out of the future, with big digital screens and a slue of buttons and switches inside the cockpit where analog systems used to be.

The age of the analog is fading away, making way for the digital age. This change is the case for many of the Army's rotary wing aircraft.

Recently, the 25th Combat Aviation Brigade, 25th Infantry Division, received new UH-60M and HH-60M MEDEVAC model Black Hawks and began training pilots and maintenance pilots to operate and manage the upgraded systems.

Before 25th CAB pilots can even conduct a preflight check on the new UH-60M Black Hawks, they have to be certified by Science and Engineering Services (SES), who conduct the nearly four-week training process.

"The first portion of the certification is the academics portion, where we teach the pilots the differences of the new aircraft and the aviation electronic systems, and how to use the flight planning software," said Eric Turner, academics instructor for SES. "This part of the training is where the students get their first hands-on experience of the new equipment with the use of the Cockpit Academic Procedural Tool (CAPT).

"This is a small version of the new cockpit that allows us to teach how the new systems work and the new layout of the cockpit," said Turner.

Pilots said they immediately recognized some of the advantages the new M model systems enabled for them.

"The new systems allow for a greater detail when planning our routes before we even get to the aircraft, allowing the pilots to ensure greater safety and more efficiency," said Chief Warrant Officer 3 Steven Silva, pilot in command, Company B, 2nd Battalion, 25th Avn. Regiment.

"I am really impressed with the aircraft's capabilities," said Chief Warrant Officer 2 Rafael Solis, maintenance test pilot, Co. B, 2-25th Avn. "To be able to make some adjustments with a few switches and knobs, and the aircraft will fly in the direction, altitude and speed that you set, without having to manually move the aircraft, is great."

The second phase of the training is based on the Transportable Black Hawk Operations Simulator (TBOS), a mockup of the UH-60M Black Hawk.

This phase is where pilots spend a few hours each day conducting preflight checks and flying missions. An instructor ensures they're fully trained on the new cockpit before moving the pilot onto the final phase of the course, flying the new Black Hawks, according to Nick Pianalto, UH-60M instructor for SES.

'The best part is how realistic the training is compared to the actual aircraft," said Pianalto. The simulator acts and feels just like the Black Hawk, and makes it easy for pilots to transition to flying."

During the final phase, pilots receive more than 17 flight hours with an instructor to ensure they learn basic flight operations and maneuvers before certifying on the new Black Hawks.

The improvements allow a greater scope of missions, while using fewer resources and improving the safety of the Army's pilots and crew.



Chief Warrant Officer 2 Rafael Solis, maintenance test pilot, Co. B, 2-25th Avn. Regt., 25th CAB, 25th ID, conducts preflight checks on an HH-60M medevac Black Hawk before flying the new aircraft, Jan. 15.

What's new about the UH-60M?

Some of the new capabilities of Black Hawks follow:

- •Improved crashworthy external fuel
- •Improved durability gearbox with rotor
- •Wider and more efficient chord rotor

blades,

- Additional battery,
- •Two flight control computers,
- •Four multifunction digital displays, •Digital maps with live tracking,
- •Dual digital flight controls,
- Improved turbine engine and
- •A greater viewing area within the cockpit.

196th Inf. Bde. activates JPMRC headquarters

MAJ. ANDREW VISSER 196th Infantry Brigade

SCHOFIELD BARRACKS — The 196th Infantry Brigade (Training Support) took another critical step towards full implementation of the Joint Pacific Multinational Readiness Capability (JPMRC).

The brigade activated the JPMRC Headquarters Detachment (HD) in a ceremony held on Leaders' Field, here. Jan. 15.

196th Inf. Bde., looked on as the activation orders were announced, and Lt. Col. John Gobrick, commander, Support Battalion, 196th, gave the detachment's guidon to Capt. Derik Caand responsibilities of command. JPMRC is a Department of the

Army initiative to field a deployable capability that will allow U.S. Army-Pacific to provide subordinate units with external training support and instrumented feedback at their respective home stations, and to extend that capability to sister services and part-

ner nations, as well. This capability rests upon two pil-Col. Michael Forsyth, commander, lars: First, and most important, are observer-controller/trainers (OC/Ts) and support staff who assist

training scenarios, and provide them

with detailed after-action reviews in

david, entrusting him with the duties order to identify strengths and weaknesses and set the conditions for further improvement through follow-on training.

Second is the technological resources that allow JPMRC personnel to monitor training events as they are taking place, to analyze them in considerable detail and to combine OC/T observations, movement tracking, target feedback, audio captures and a myriad of other elements into a clear, coherent and detailed training assessment.

JPMRC HD is responsible for the units in developing and executing second of these two pillars.

(Editor's note: Read the full story at www.hawaiiarmyweekly.com.)



Sgt. 1st Class Charles Bacon, 196th Infantry Brigade

Lt. Col John Gobrick (front right), commander, Supt. Bn., 196th Inf. Bde. (TS), prepares to hand over the JPMRC HQ Det. guidon to Capt. Derik Cadavid (front left) in a ceremony on Leaders' Field, Jan. 15.

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Intelligence Brigade SSG David Padilla, 655-1237 599th Transportation Surface Brigade Donna Klapakis, 656-6420 **USAG-Pohakuloa** Michelle Voeller, 808-969-2411 Victims of sexual assault have new counsel

Consolidated Legal Center

U.S. Army Garrison-Hawaii

HAWAII ARMY WEEKLY

In June, the Chief of Staff of the Army identified the Army's number one priority as combat-

ing sexual assault and harassment within the ranks.



lenging their previously held notions of security, self worth, confidence and emotional stability.

In the Army, the crime does not only forever alter a Soldier's life, but it divides units and lessens their combat readi-The military justice system is often

confusing and intimidating to victims; they're frequently left on the outside looking in, without a voice to protect their interests. However, all that is changing with the debut of the new program.

Nov. 1, 2013, the Army launched its new Special Victim Counsel (SVC) program, which provides Army attorneys (judge advocates) to represent victims of sexual assault when requested. Each judge advocate, specially trained in the legal rights of victims of sexual assault, will act as a guide and a voice for victims during the investigation and military justice process.

The mission of the SVC is to act as an advocate and counselor for the victim, to include advocating for the victim's desired outcome. SVCs are knowledgeable about military justice, including courtsmartial, and can play a critical role by informing and preparing victims to cope with the process that follows a report of sexual assault.

The SVC is the victim's representative in interactions with investigators, trial counsel (prosecutors), defense counsel and others involved in the military justice system. The SVC is committed only to the interests of the victim, providing a valuable resource during a

"The goal of the SVC program is to provide victims of sexual assault with a dedicated attorney to advocate for their interests throughout the military justice process," said Capt. Sean Mahoney, one of Hawaii's first SVCs. "Once a report is made, the gears of the military justice system begin turning with the government - not the victim - making decisions regarding appropriate actions to be taken against offenders. The SVC's role is to advise and advocate for a victim in a way that has not been possible up until now."

SVCs are currently engaged in hundreds of cases across the country and overseas. They accompany their clients during initial investigative interviews with the police, they're guarding their client's rights at pretrial hearings, they're arguing important evidentiary motions in court and helping prepare their clients to be persuasive witnesses.

Depending on the desires of their client, an SVC may simply serve as an advisor to a victim who does not wish to press charges, but SVCs are prepared to attend every interview, hearing and stage of trial during the courts-martial process. Most importantly, SVCs are dedicated to achieve the program's goal of pursuing the best outcome for each

Any adult who is eligible for legal assistance through the military when the

Who to Call

If you or someone you know has been the victim of sexual assault, legal assistance from trained Army attorneys may be available to help. Call 655-8155 to schedule an appointment or visit the Consolidated Legal Center on Schofield Barracks at 237 Aleshire Ave.

crime is perpetrated is eligible for an SVC. Essentially, this fact means eligibility applies to any Soldier, any adult dependent of a Soldier and any career retiree. At this time, the Army has not extended SVC services to children.

Currently, three Army SVCs are in the state of Hawaii and all are located on Schofield Barracks.

Army medical personnel, criminal investigators, victim advocates and Sexual Assault Response Coordinators have been directed to notify victims of their right to an SVC.

(Editor's note: Walton is a Judge Advo-

BRIDGING HEBASICS

NCO Creed is a way to 'bridge the basics'

COMMAND SGT. MAJOR ALEXANDER LASHENDOCK 205th Military Intelligence Battalion

500th MI Brigade

Over the past 12 years, our Soldiers and noncommissioned officers have performed, and continue to perform, magnificently during Overseas Contingency Operations and Operations Enduring and Iraqi Freedom.

During this time, the enlisted ranks have adapted to the tactics, techniques and procedures employed by insurgents on the

modern battlefield and applied the basics to operate in and Afghanistan: Shoot, move, communicate and survive.

Now we face Lashendock a familiar environment - gar-

rison operations, which our junior leaders are not accustomed to because of years of preparing for combat.

It is interesting to note that junior leaders can prepare for combat missions using troop leading procedures, the Eight Step Training Model, precombat checks and inspections, but some encounter difficulties adapting these procedures to a garrison environment.

If NCOs live their creed every day, on and off duty, and enforce standards, they can effectively transform their piece of the Army into the professional Army we seek to maintain.

The Army faces many challenges in garrison: sexual harassment/assault, ethical dilemmas, increased suicide rates, Soldiers ill-prepared for training, criminal activity, alcohol-related offenses and many other issues. These require effective leadership throughout the NCO and officer ranks to train the force on administrative procedures, Army regulations and the basics of leadership.

In order for our junior NCOs and Soldiers to understand "bridging the basics," they need to know the definition of the basics. Defining the basics is no easy task, because there are numerous categories to address that cannot be addressed at one time or in one

The NCO Creed provides the model for what an NCO must be, know and mentorship.

f NCOs live their creed every day, **I** on and off duty, and enforce standards, they can effectively transform their piece of the Army into the professional Army we seek to maintain.

do. A Soldier can memorize the NCO Creed, but memorization is not embodying words that are the NCO Creed. If memorization were enough, then why are there a growing percentage of leaders who are derelict in their duties, violating Army Regulations and committing immoral acts?

"All Soldiers are entitled to outstanding leadership," states FM 7-22.7, 2002. As well, all Army NCOs must provide that leadership. The Army is filled with outstanding leaders who keep our Army strong. These leaders have an inherent obligation to train junior NCOs to deal with these challenges and take steps to prevent them in the future.

In the 205th Military Intelligence Battalion, we professionalize our force each quarter by training on basic leadership functions, such as counseling, troop leading procedures, the Eight Step Training Model and instilling leadership attributes and competencies that each NCO must put into practice. The program is designed to train and empower leaders to put these skills into practice daily, and by doing so, to lead their subordinates by example so they, too, can learn and grow as leaders.

The NCO Creed portrays leadership attributes that address almost every issue facing the Army today. The essential tasks leaders must do today are to listen to the advice of their senior leaders, know and refer to Army regulations, learn the processes required to effectively deal with leadership challenges and Soldier issues, and above all, live the NCO Creed.

Just as junior NCOs are capable of operating on the battlefield with the trust and confidence of their leaders, so, too, they can operate in a garrison environment with proper guidance and

FXTSTEPS in FAITH

Advice deals w/hard times

CHAPLAIN (MAJ.) CHRIS WILSON Family Life Chaplain

U.S. Army Garrison-Hawaii

As a chaplain, I am often helping people who are going through difficult

This situation of helping others is not unique to me. Many of my fellow chaplains also see people who go through hard times.

Whether you are young or old, at one point in your life you will face a hard time with life. So my questions for you today are, "Have you been having a hard time lately?" and "Are you going through any trials right now?"

Many times in life, we go through difficult times.

These hard times, or trials, or whatever you want to call them, can be a direct result of choices we have made, or just things going on in our lives. The cause does not really matter to me; the point is that hard times can really bring us down.

Here is a thought on this matter. I once read that one of the major airlines first seeks to prove their pilots by use of a simulator when it trains them. The simulator is designed to present the pilot with a variety of potential problems, so that he or she will be able to handle any emergency in the

First, the pilot is tested with simple challenges, which eventually build way, especially if you are going up to catastrophic situations. The pi-

difficult only after they have completed their courses. This training prepares them to be able to handle any problems that come their way. I believe that this is similar to one of

lots are given problems that are more

the ways God works in us. There are other ways he works in us, but I feel that with this one way God teaches us how to handle the prob-

lems of life without giving us more than we can handle. He teaches us through each situation, so that we can be fully prepared and mature people, ready to handle any challenge in life that might come our

If you have been going through a trial lately, let

me encourage you to first commit yourself to God. Next be encouraged that God is in control, when you trust in him. We see the hand of God in the lives of his people all throughout

Finally, if you want to see some examples or know about how God deals with those who trust him, open up the Bible and read some of the accounts in the lives of various men and women, and be encouraged.

You could also visit one of our many chapel services this Sunday and hear about how God cares for you.

So, my prayer for you is that may God be with you this day in a special through a difficult time.



We Recycle

Did you know that when you recycle, the garrison earns money? **Keep recycling!**



February is American Heart Month.

"What do you do to keep your heart healthy?"

Photos by Tripler Army Medical Center Public Affairs.



"Running with my husband and hiking trails we love doing Koko Head.

Sgt. 1st Class Susana Kitchen NCOIC, ER,



"Exercise five times a week, to include three days of cardio."

Sgt. Taylor **Monmaney** Floor NCO, ENT,



"Exercising right, no smoking, eating fruits and vegetables, and not drinking alcohol or soda."

Jeff Okam Health systems specialist,



"Exercise three times a week, eat healthy foods and drink red wine."

Capt. Anton Smith Deputy chief, Managed Care, PRMC



not smoking."

Yalidza Taala Contact rep., IDES,

Gimlets host 1st Lt. Nainoa K. Hoe Remembrance

Story and photo by MAJ. KARI MCEWEN

2nd Stryker Brigade Combat Team Public Affairs, 25th Infantry Division

SCHOFIELD BARRACKS — The 1st Battalion, 21st Infantry Regiment, 2nd Stryker Brigade Combat Team, hosted a remembrance ceremony in honor of a Hawaiian native and 21st Inf. Regt. Soldier, and 10 other fallen Gimlet Soldiers at the Mission Training Complex, here, Jan. 22.

Allen Hoe, Vietnam veteran and father of the deceased, 1st Lt. Nainoa Hoe, worked alongside the Gimlet Battalion to hold the remembrance ceremony on the ninth anniversary of his son's death.

"Today's a very special day, Jan. 22nd," said Hoe. "It will be forever chiseled in our brains. Jan. 22nd for me, also, it is a day of remembrance, a day of reflection, a day of honor, a day of pride and, probably most of all, a day to rejoice in the life that we had an opportunity to share in. I think for me that really speaks more to me these days than the sad part."

During the ceremony, Soldiers spoke on behalf of each of the 10 fallen warriors while the color guard displayed the unit colors and the nation's flag. Family and friends of Hoe, and 25th ID leadership and distinguished guests looked on.



Lt. Col. James Tuite (front), 1-21st Inf. Regt., 2nd SBCT, 25th ID, addresses 25th ID leaders, distinguished guests, and family and friends of the fallen during a remembrance ceremony at the 1st Lt. Nainoa K. Hoe Mission Training Complex. The Gimlets gathered to honor 1st Lt. Hoe and 10 other fallen Gimlets.

Lt. Col. James Tuite, commander, 1-21st Inf., spoke about Allen Hoe's willingness to share the day and honor the other fallen Gimlets.

"One of the things that struck me was that this was the ninth anniversary of his son's passing, but he want- He was 27 years old.

ed to share this with the Gimlets. He wanted the Gimlets to be part of this," said Tuite.

Hoe was killed by a sniper in Mosul, Iraq, Jan. 22, 2005, while serving with 3-21st Inf. Regt. out of Fort Lewis, Wash.

At the end of the ceremony, Allen Hoe passed around a U.S. flag. Nainoa was carrying the flag when he was killed.

Allen Hoe purchased the flag from a souvenir store in Vietnam in 1967. He carried it in during his tour of duty in Vietnam and his son, Nainoa, asked Remembering the fallen

The 10 Gimlet Soldiers honored alongside 1st Lt. Nainoa Hoe and the dates they were killed in action follow:

•Spc. John D. Amos II, April

•Cpl. Michael Talentino Manibog, Feb. 8, 2008;

•Sgt. Timothy Paul Martin, Feb. 8, 2008;

•Spc. Christopher A. Mc-Craw, Oct. 14, 2008;

•Cpl. William L. McMillan III, July 8, 2008; •Staff Sgt. Todd E. Nunes,

May 2, 2004;

•Sgt. Jamal Rhett, Aug. 15,

•1st Lt. Michael Runyan, July

21, 2010; •Sgt. 1st Class Jerald A.

Whisenhunt, Feb. 2, 2008; and •Sgt. Gary D. Willett, Feb. 8,

him to send it to Iraq where his platoon could carry the flag in honor of the Sol-

diers Allen Hoe served with in Vietnam. U.S. Sen. Brian Schatz and Rep. Tul-

si Gabbard of Hawaii's 2nd Congres-

sional District attended the ceremony.

New OERs to be implemented

Story and photo by MELISSA BUCKLEY Army News Service

FORT LEONARD WOOD, Mo. — As the Army switches to a new Officer Evaluation Report (OER), data input, submission procedures and rating philosophy were critical focal points of the mobile training team (MTT), here, Jan. 13-

A Human Resources Com-

or diluted in Web-based training or in chain teaching."

The new OER system is designed to both strengthen rater accountability and reflect current Army leadership doctrine. According to HRC, the new system will affect officers in all branches and components of

Maj. Lawrence McKiernan. MTT officer in charge, said one of the biggest changes are the

tributes that reflect the potential appropriate for the individual officers' grade, according to HRC. Evaluations will be input

and submitted by way of a Web-based system.

"We are going from the DA Form 67-9 to the 67-10. It's a Web-based system," McKiernan said. "Before, all of the forms resided on Army Knowledge Online; they had to be uploaded and sent. With the new entry system, everything is in real time. You aren't saving the form anymore; it's saved on the website automatically. Once it's submitted, it goes straight to HRC. It's a better, more streamlined, system."

McKiernan said that DA Form 67-9 should be used for OERs with through-dates of March 31 or earlier. For through-dates of April 1 or later, 67-10 OER series will be used via the new evaluation entry system (EES).

According to HRC, the new EES will include an enhanced wizard to guide rating chain and HR professionals in preparing an evaluation. A multi-pane dashboard allows users to view the data input and the form simultaneously, and provides a built-in tool to view and manage rater and senior rater profiles, and a quick reference to AR 623-3 and DA

A common access card will be needed to access the Webbased EES.

The team gave officers a demonstration of the system and conducted briefs on rating philosophy. The team also met with civilian and military HR specialists for training.



Sgt. Daniel Johnson, 2nd Stryker Brigade Combat Team Public Affairs

Command Sgt. Maj Jeffrey Sweezer, new senior enlisted leader for the 2nd SBCT, 25th ID, accepts the noncommissioned officer sword from Col. Thomas Mackey, commander, 2nd SBCT, as part of the change of responsibility ceremony held on Weyand Field, Jan. 24. Sweezer took responsibility for the Warrior Brigade from Command Sgt. Maj. Michael Crosby.

Warrior Bde. gets new CSM

STAFF SGT. SEAN EVERETTE 2nd Stryker Brigade Combat Team Public Affairs, 25th Infantry Division

SCHOFIELD BARRACKS — Command Sgt. Maj. Michael Crosby passed the symbolic noncommissioned officers sword and the responsibility of senior enlisted advisor of the 2nd Stryker Brigade Combat Team, 25th Infantry Division, to Command Sgt. Maj. Jeffrey Sweezer in a ceremony on Weyand Field, here, Jan. 24.

Sweezer said he is looking forward to the challenges ahead and continuing the legacy Crosby is leaving behind.

"It is an honor and a privilege to assume responsibility as the command sergeant major for these great Soldiers and their families," said Sweezer. "I'd like to think the Army got this one right for selecting me and giving me the opportunity to be a part of such a great organization."

Col. Thomas Mackey, commander, 2nd SBCT, said Sweezer would help the brigade continue to grow and develop as a team, and provide much-needed continuity as the brigade changes command later this year.

Crosby shared some parting advice.

"Stay committed to yourself and your family every day. Stay committed to your company, troop or battery, squad, section and team. Give 100 percent every day," Crosby said. "Stay committed to getting in the best physical condition of your life every day. Go hard. Stay committed to informing your chain of command of any issues that you or your family may have. They will give you every resource the Army has to offer, but you must inform them."

Crosby spent 18 months as the Warrior Brigade's senior NCO.

The legacy that Command Sgt. Maj. Crosby leaves with us will not be a physical structure you can touch or a tangible thing. It will be a generation of Soldiers who now have a positive example of leadership and a template for the future," said Mackey.



Selections and Promotions Division, explains the new evaluation system to Fort Leonard Wood officers.

mand (HRC) team met with officers and HR specialists to dwell deep into changes of the new OER system to be implemented, April 1. "Every Army officer, from

the commanding general down, is affected by these changes, and it is important to educate all involved on the new processes, particularly in light of the drawdown the Army is facing this year," said Joe Reynolds, HR specialist, Fort Leonard Wood.

"The mobile training team taught the Soldiers not only the new regulations for the OER, but also the new Webbased procedures for preparing and submitting reports," he said. "It is important for Human Resources Command-Evaluations Branch to personally teach this material, so that the details are not lost

grade plates. Three OER grade plates were established: one for company grade officers, one for field grade officers and the third for strategic level, flag officer reports.

Brigadier general and chief warrant officer 5 will not receive box checks; major general and above will not receive evaluations.

Each set of grade plates identifies performance at-

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Staff Sgt. Mary Valdez (right), 8th TSC, is presented a coin by Gen. Vincent Brooks, commander, USARPAC, as Rep. Tulsi Gabbard, Hawaii's 2nd Congressional District and event guest speaker, looks on during Valdez's re-enlistment ceremony, held at the USARPAC SIA meeting at AMR Chapel.

USARPAC's Sisters in Arms empower one another

STAFF SGT. KYLE RICHARDSON U.S. Army-Pacific Public Affairs

ALIAMANU MILITARY RESER-VATION - After only 120 days in existence, U.S. Army-Pacific's Sisters in Arms (SIA) program continues to garner attention throughout the Pacific theater.

The mentorship program's committee was honored to host Rep. Tulsi Gabbard, who represents Hawaii's 2nd Congressional District, as the guest speaker for the Sisters in Arms meeting, Jan. 21.

Gabbard talked about her personal experiences as an officer serving in the Hawaii Army National Guard's 29th Brigade Combat Team and as a member of Congress.

Individuals are judged based on their work performance and how well they present themselves, said Gabbard, adding that people may set themselves up for negative criticism if they give less than 100 percent effort at any given task.

"Ultimately, it is your performance that speaks the loudest,"

SIA online

For more information and updates on the Sisters in Arms program, check out the program's Facebook page at https://www.facebook.com/pages/US-Army-Pacific-Sisters-in-Arms.



Guest speaker Rep. Tulsi Gabbard addresses SIA attendees, Jan. 21. Gabbard, who represents the people of her 2nd Congressional District, is a veteran who also serves as a Military Police captain in the Hawaii Army National Guard's 29th Brigade Combat Team.

Gabbard said. "If you put your head down and understand that I will do my best always, and in all ways ... that is something that each of us has in us."

She said the SIA program empowers women by developing strong bonds and partnerships between junior and senior leaders military and civilian alike.

"It's how you handle yourself in dle yourself in times of excellence, in every person." and everything in between that makes the difference for us as leaders," said Gabbard.

After the speech, Gen. Vincent Brooks, commander, USARPAC, thanked Gabbard for taking the time to address the audience and presented her with a koa wood tray engraved with the banyan tree SIA

"It is an honor to have Congresswoman Gabbard here with us," said Brooks. "This is exactly what we want for Sisters in Arms, and that times of challenge. It's how you han- is to share the knowledge that exists



Send announcements for Soldiers and civilian employees to news@ hawaiiarmyweekly.com.

Today

ID Section Closure — The Fort Shafter Composite Team, ID Cards Section, closes today. Operations will move to ID Cards Section, Bldg. 750, Rm. 103, 673 Ayres Ave., Schofield Barracks. All customers requiring ID cards can make an appointment at https://rapidsappointments.dmdc.osd. mil/appointment; call 655-8840 for appointments.

ID card customers can also seek available services with other facilities/installations on the website.

Legally Closed — Due to manpower shortages and the existing availability of legal assistance resources at Schofield Barracks, walk-in legal assistance services will no longer be provided in a centralized office on Fort Shafter. Clients who need notary and power of attorney services should continue to go to their individual unit legal offices for assistance.

Clients who need to schedule an appointment to speak with an attorney or for other services, such as wills, should visit the 25th Infantry Division and U.S. Army Garrison Hawaii Legal Assistance Office at 237 Aleshire Rd., Bldg. 2037, Schofield Barracks.

1099-R — IRS Forms 1099-R, Distribution from Pensions, Annuities, Retirement or Profit-Sharing Plans, IRAs, Insurance Contracts, etc., are now available online at the Thrift Savings Program under "My Account" and will be mailed by Jan. 31 to participants who received a withdrawal up to Dec. 26, 2013, and/or a taxable distribution of a loan up to Dec. 31, 2013. (Taxable distributions declared on Dec. 27, 30 and 31 are taxable income for

Earth Day Posters — It's time to place your Army Earth Day poster order. They must be placed by Feb. 19 to receive posters, printed on recycled and recyclable paper for 2014 events. Also, U.S. Army Environmental Command seeks high-quality, high-resolution photos that illustrate the Army's commitment to protecting the environment while meeting its mission ob-

Operational photos showing Soldiers and the beautiful natural landscapes on installations and actual environmental program successes will be used on a variety of information products on the USAEC website.

Submit photos or orders to US ARMY.JBSA.AEC.MBX@mail. mil. Orders received after the cutoff date can't be filled.

2014 Mortgage Protections -It's no secret that the housing crisis in recent years has been particularly hard on military families. Service members and their spouses at installations around the country (and even abroad) have cited problems with mortgages as some of their most serious financial challenges.

But now, the Consumer Financial Protection Bureau (CFPB) has written new mortgage rules that can help.

Learn about options for helping service members with a troubled mortgage by watching the Military Educator Forum on the subject, finding a HUDapproved housing counselor or calling 888-995-HOPE (4673).

Ask CFPB for answers to your mortgage-related questions or visit www.consumerfinance.gov/blog/ser vicemembers-you-have-new-mort gage-protections-in-2014/.

February

3 / Monday

Jr. Enlisted Taxes — The Schofield Tax Center will open for single junior enlisteds (E-1 to E-4) on a walk-in basis only and begin fielding appointment phone calls at 655-1040.

Tax preparation will be open to all service members, retirees and family members by appointment only.

The center is in a new 2014 location: Trailer #1, across the street from the Soldier Support Center (Bldg. 750).

11 / Tuesday

AFCEA Luncheon — The Armed Forces Communications and Electronics Association hosts a lunch, 11 a.m., at Fort Shafter's Hale Ikena. The guest speaker will be MG Darryl Wong, Adjutant General, State of Hawaii, National Guard.

The subject will be an update on the Hawaii National Guard and Homeland Security. To register, visit www.afcea-hawaii.org or call 441-8565/8524.

14 / Friday

Final Word — The Clean Water Program needs your comments on the 2013 draft Storm Water Management Plan and asks you to participate in U.S. Army Garrison-Hawaii's program to improve water quality. The public comment period ends Feb. 14.

Visit www.garrison.hawaii.army. mil/sustainability/CleanWater.aspx or call 656-3105/3317.

Ongoing

Paperless LES — The Secretary of Defense mandated the elimination of paper Leave and Earnings Statements (LES) for all DOD employees.

If an employee needs to continue receiving a paper LES, a completed "Request for Waiver of Electronic Distribution of Leave and Earnings Statement" form must be submitted.

Submit the form for processing to the ESS Civ Pay Customer Service mailbox at esscivpaycustomerservice @dfas.mil.

Call the U.S. Army Financial Man agement Command at (407) 646-4442.

HAWAI'I ARMY WEEKLY

"When work is finished."

www.hawaiiarmyweekly.com

FRIDAY, January 31, 2014



Sgt. Brian Erickson, 3rd Brigade Combat Team Public Affairs, 25th Infantry Division

Members of the Pro Bowl stage crew push a section of the half-time ceremony stage off the field before the start of the third quarter of the 2014 Pro Bowl, held at Aloha Stadium, here, Jan. 26.





Photos by Staff Sgt. Kyle Richardson, U.S. Army-Pacific Public Affairs

At left, the Minnesota Vikings mascot signs autographs for fans during Ohana Day at Aloha Stadium, Saturday. During Ohana Day, fans were able to enter the stadium for free (at right) and watch a Pro Bowl practice with teams Sanders and Rice. After the practices, the all-stars signed a few autographs for the fans in the stands.

Volunteer Soldiers help set the Pro Bowl stage

SGT. BRIAN ERICKSON 3rd Brigade Combat Team Public Affairs 25th Infantry Division

HONOLULU — Soldiers assigned Schofield Barracks volunteered their time to work the stage crew during the National Football League Pro Bowl game, Sunday, at Aloha Stadi-

"This is a once-in-a-lifetime opportunity for most of us," said Pvt. Habacuc Munoz, assigned to 225th Brigade Support Battalion, 2nd Stryker Bde. Combat Team, 25th Infantry Division.

All Soldiers on the crew were assigned to either the 25th ID or 8th Theater Sustainment Command. The stage crew was responsible for assembling the stage on the field for the pre-game and the halftime ceremonies.

For the national anthem, service members from every military branch marched out onto the field and saluted as the anthem was sung by Grace

As soon as the pre-game ceremony concluded, the crew rushed onto the field and began to separate the pieces of the stage and wheel them

off the field, making way for the game to begin.

After the stage was removed from the field, the crew then began getting the pieces of the stage back into position in order to minimize the time it took to wheel the stage into place for the halftime show.

"The way the team came together was amazing," said Brandon Brotherson, assigned to 70th Engineer Company, 65th Eng. Bn., 130th Eng. Bde., 8th TSC.

The halftime show stage involved more than twice the pieces as the pre-game show did. As soon as it was in place, crews got coveted frontrow spots to watch Fall Out Boy perform.

When the show was over, the crew finished its job by separating the stage one last time to take it off the field. The crew was then sent back to its seats to enjoy the second half of

"Just being able to say that I was a part of the Pro Bowl is an awesome experience," said Staff Sgt. Christopher Fleisher, assigned to 70th Eng. Co., 65th Eng. Bn., 130 Eng. Bde., 8th

Fantasy meets reality for fans during all-stars' practice

New game format and uncertainty of future both fail to diminish fans' appeal

Story and photos by **STAFF SGT. KYLE RICHARDSON** U.S. Army-Pacific Public Affairs

JOINT BASE PEARL HARBOR-HICKAM — Service members and their families lined a security fence anxiously awaiting National Football League Pro Bowl all-stars to begin their practice, Jan. 23.

The all-star teams selected by Deion "Prime Time" Sanders and Jerry Rice held their practices, here, before signing autographs and taking pictures with fans.

This year, the NFL changed the game by creating a fantasy football style match-up by making the two all-pro teams non-conference affiliated.

The Colts quarterback, Andrew Luck, said the new rules were a welcomed change. Soldiers also expressed their excitement.

"It was great seeing my Colts out there, Andrew Luck in particular," said Lt. Col. Antonio Copeland, human resource officer, 18th Medical Command. "This event is really special. It's like the players are giving back to us. It's great that they came all the way out here for us."

While the NFL hasn't made a final decision if the Pro Bowl will return to Hawaii in 2015, the players said they enjoy Hawaii.

"It's an honor to be here in Hawaii playing in a game with my peers," Luck said. "It's great to be here supporting what the Soldiers do and giving a little back to them. We talk about it a lot in the locker room. It's just a great feeling to be here."

Even though the Pro-Bowlers

thanked the service members, one player felt a strong bond with the Soldiers on the field. First-time Pro-Bowler Branden Albert, an offensive tackle for the Kansas City Chiefs, thanked the service members and the fans for the

> ceived at Hargrave Military Acade-"I really didn't see myself being out here," he said. "It's been a long

warm reception. He credits most of

his success to the discipline he re-

and players reflected on what it meant to play in the Pro Bowl and the challenges they faced to get to

the game. "It's an honor, and it's very humbling to be out here," said Chuck Pagano, head coach for the Indianapolis Colts. "We don't take anything for granted. It's not a right; it's a privilege to be here.

"To be able to come out to the base and spend time over here with true warriors, true servants, it's just a even be able to play this game with-



Deion Sanders (left, #21), one of the two Pro Bowl coaches and former Dallas Cowboys star, signs autographs during a practice, Jan. 23. This year was the first the two teams had non-conference players playing against each other.

worship Services

Additional religious services, children's programs, educational services and contact informa-

www.garrison.hawaii.army.mil. (Click on "Religious Support Office" under the "Directorates and Support Staff" menu.)

> Aliamanu Chapel Fort DeRussy Chapel

Helemano Chapel Main Post Chapel,

Schofield Barracks

Soldiers' Chapel,

Schofield Barracks

Aloha Jewish Chapel, Pearl Harbor

tion can be found at

AMR:

PH:



Briefs Today

Aloha Friday Barbecue — The SB Leilehua grill offers a Friday barbecue lunch special, beginning at 11 a.m., until sold out. Menu items include smoked brisket ribs, pulled pork, barbecue chicken, pork chops, baked beans, cole slaw, potato salad and cornbread.

Items cost \$8-\$10. Call 655-7131.

February

1 / Saturday

Ladies Golf Clinic — Ladies can experience a free 30-minute golf lesson at Leilehua Golf Course from PGA professionals. They're offered the first Saturday of the month by appointment only. Call 655-4653.

2 / Sunday

Tropics Super Bowl Sunday — Doors open at 11 a.m. with pre-game activities beginning at 12:30 p.m. Special viewings at the SB Tropics feature an all-you-can-eat buffet, \$18. Call 655-5698.

Kolekole Bar & Grill — Watch the big game during a pre-game party at 11 a.m., with games and prizes throughout the day. Raffle for a 32inch television and recliner for SB Kolekole's hardest working fan.

Hale Ikena Sunday Brunch — FS Mulligan's Bar & Grill hosts from 10 a.m.-1 p.m. Call 438-1974.

3 / Monday

Workweek Lunch — SB Kolekole Bar & Grill (655-4466) and FS Mulligan's Bar & Grill (438-1974) offer daily lunch, 11 a.m.-1 p.m. Enjoy buffet-style or menu items.

4 / Tuesday

Preschool Story Time — FS Library hosts, 10 a.m., on Tuesdays, Feb. 4 and 18, with a different story and theme. Call 438-9521.

Taco Tuesday Night — SB Kolekole Bar & Grill offers three tacos, rice and beans specials for \$4.99. Call 655-4466.

5 / Wednesday

Sgt. Yano Library — SB hosts Story Time for toddlers, 10 a.m., Feb. 5 and 19. Call 655-4707.

community Calendar

Send announcements a week prior

hawaiiarmyweekly.com.

to publication to community@

Today

"Radio Golf" — August

Wilson theater production

about a entrepreneur who

aspires to become Pitts-

burgh's first black mayor

opens, 7:30 p.m., Jan. 31, at

with valid ID. Available at

the TAG Theater Dole Plantation.

through Feb. 23. Military tickets, \$12,

www.tsaghawaii.net or call 722-6941.

February

1 / Saturday

Living History Day — Pacific

and heroes, 9 a.m.-4 p.m. The museum comes alive in both hangars. In-

teract with living historians in period

War II, Korea, Vietnam eras and early

The events are free with museum

members. Living History Day activi-

ties will be taking place on the Battle-

attire and hear the stories of World

admission and free to museum

Aviation Museum offers pioneers

Runs Thursdays-Sundays,

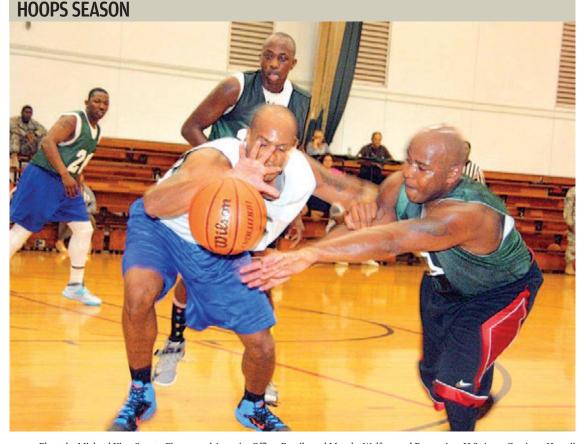


Photo by Michael Kim; Sports, Fitness and Aquatics Office; Family and Morale, Welfare and Recreation; U.S. Army Garrison-Hawaii

FORT SHAFTER — Staff Sgt. Jeremy Griffin (white) from Headquarters and Headquarters Detachment, 30th Signal Battalion, and Sgt. 1st Class Ronald Mitchell (green) of Headquarters and Headquarters Battalion, U.S. Army-Pacific, attempt to retrieve a loose ball during a 2014 Army Hawaii Intramural Sports Fort Shafter Basketball League game at the FS Physical Fitness Center basketball gym, Monday. USARPAC held on to win the game with a score of 39-34.

BOSS Meetings — Single Soldiers and geographic bachelors are invited to Better Opportunities for Single Soldiers meetings every Wednesday to discuss community service projects and fun upcoming programs.

Call Spc. Jennifer Coggins, BOSS president, 655-1130.

Attend these meetings:

•North meetings, 2 p.m., 1st and $3rd\ Wednesday,\ SB\ Tropics\ Warrior$

•South meetings, 11 a.m., 2nd and 4th Wednesdays, FS Bowling Center.

Make & Take — FS Library will show how to weave a heart, 3-4 p.m., for Valentine's Day. Free event includes supplies and no registration. Call 438-9521.

Keiki Night — Every Wednesday night is Keiki Night, 5-8 p.m., at SB Kolekole Bar & Grill (655-4466) and

FS Mulligan's Bar & Grill (438-1974). Kids younger than 10 years eat for a special price from the keiki menu.

6 / Thursday

Digital Learning Day — SB Sgt. Yano Library will host a program, 4-5 p.m., which showcases free digital resources available to registered library

Learn how to use the catalog like a pro, gain access to Zinio Magazines, learn how to sign up for online classes and explore the e-book and e-audio book collection.

Digital Learning Day is for teens and adults. Call 655-8002 to reserve.

Clay Hand Building Workshop — Learn to work with clay from the experts at the SB Arts and Crafts Center, 1-3 p.m., Thursdays, through March 1. Initial session is \$25; additional sessions are \$5. Includes supplies. Call 655-4202 for registration.

Leilehua Thursdays — Join Chef Devin Lee, 4:30-7:30 p.m., every Thursday, at Leilehua's driving range for hot dogs and burgers. Menu items cost \$3-\$4. Call 655-7131.

7 / Friday

Right Arm Night — FS Hale Ikena celebrates Fat Tuesday early with drink specials and a New Orleansstyle pupu buffet. Tickets are on sale at the Hale Ikena. Call 438-1974.

11/ Tuesday

Year of the Horse — Learn decorative Chinese knots, 5-6 p.m., SB Sgt. Yano Library, including double coin knot roses and Chinese frog button

Activity is for teens and adults; requires registration. Call 655-8002.

12 / Wednesday

Valentine's Day — Elementaryage children are invited, 3-3:45 p.m.,

SB Sgt. Yano Library, for Valentine's Day stories and a craft. Call 655-8002.

14 / Friday

Sweetheart Ball — Valentine's Day at 6 p.m., SB Youth Center, for CYSS registered teens in grades 6-12. Semiformal event will feature dinner, door prizes, photo booth, entertainment, DJ and dancing.

Limited ticket sales are \$15 per person at Parent Central Services office. Call 655-0451.

Valentine's Day Candlelight Dinner — FS Hale Ikena hosts a romantic evening, 4-8 p.m., with musical entertainment. Tickets are only \$35 per person in advance and \$40 per person at the door.

Menu includes complimentary beverage, chocolates and choice of steak or seafood dinner for two. Call 438-1974 for reservations or visit himwr.com for details and full menu.

Ongoing

Home School P.E. Classes — SB and AMR Youth Sports conduct P.E. classes for military home-school families. Cost is free.

Register your youth's name, age, grade, home/cell number and family email address. Visit www.armyhawai iyouthsports .com or call SB at 655-6465 or AMR at 836-1923.

Feb. 28. Packages must be hand-de-

livered or shipped via U.S. Postal Ser-

not emailed or faxed.

vice or other delivery methods,

Installation Waste

Disposal — For proper dis-

tact your local community cen-

ter. Do not place any cardboard, wood, bulky waste, hazardous mate-

rials or green waste in or around

dumpsters. Visit the IPC website at

https://www.islandpalmcommuni

at WAAF has an emergency food

locker to assist families. It's open 8

a.m.-2 p.m., Monday-Friday. Call

624-5645.

Food for Families — ASYMCA

Freeway Service Patrol — This

ments, and Emergency Medical

The free service provides

assistance to stranded mo-

torists by changing flat tires,

jump-starting vehicles, refill-

ing radiators, making certain

temporary repairs and providing an

The service is available, 5 a.m.-7

p.m., Monday-Friday, except federal

emergency gallon of gasoline.

holidays. Call 841-4357.

service is operating on Hawaii's free-

ways and is sponsored by the State

Department of Transportation, the

Honolulu Police and Fire depart-

ties.com/CurrentResidents.

posal in residential areas, con-

TAMC: Tripler Army Medical Center Chapel WAAF: Wheeler Army Airfield

Buddhist Services •First Sunday, 1 p.m. at FD •Fourth Sunday, 1 p.m. at MPC Annex

Chapel

Catholic Mass

- •Thursday, 9 a.m. at AMR •Saturday, 5 p.m. at TAMC, WAAF
- •Sunday services:
 - 8:30 a.m. at AMR
- -10:30 a.m. at MPC Annex -11 a.m. at TAMC
- •Monday-Friday, 11:45 a.m. at MPC and 12 p.m.TAMC

Gospel Worship

•Sunday, noon. at MPC •Sunday, 12:30 p.m. at AMR

Islamic Prayers and Study

- •Friday, 2:30 p.m., TAMC •Saturday and Sunday, 5:30 a.m.; 6, 7 and 8 p.m. at MPC Annex
- Jewish Shabbat (Sabbath) •Friday, 7:30 p.m. at PH

Pagan (Wicca) •Friday, 7 p.m. at MPC Annex

Room 232 **Protestant Worship**

•Sunday Services

- -8:45 a.m. at MPC
- -9 a.m., at FD, TAMC chapel
- -10 a.m. at HMR
- -10:30 a.m. at AMR
- -10:45 a.m. at WAAF
- (Spanish language)
- -11 a.m. at SC (Contemporary)

Liturgical (Lutheran/ Anglican)

•Sunday, 9 a.m. at WAAF

This Week at the Sgt**!** Smith Theater

Call 624-2585 for movie listings or go to aafes.com under reeltime movie listing.



47 Ronin (PG-13)

Fri., Jan. 31, 7 p.m.

Grudge Match (PG-13)

Sat., Feb. 1, 2 p.m.

Homefront

(R)

Sat., Feb. 1, 6 p.m.

Walking with Dinosaurs 3D

(PG) Sun., Feb. 2, 2 p.m.

Frozen 3D

(PG) Sun., Feb. 2, 6 p.m.

The Secret Life of **Walter Mitty**

(PG) Thurs., Feb. 6, 7 p.m.

or Wednesdays.

Calendar abbreviations

aviation in the Pacific.

8th TSC: 8th Theater Sustainment Command 25th ID: 25th Infantry Division ACS: Army Community Service AFAP: Army Family Action Plan AFTB: Army Family Team Building AMR: Aliamanu Military Reservation ship Missouri Memorial, as well.

3 / Monday

Dyslexia Awareness — The encore presentation of "Dislecksia: The Movie" is 6:30 p.m., Feb. 3, at the Saint Louis School Mamiya Theatre. Free reserved tickets at www.assets-

school.net, under "The Latest Assets News."

7 / Friday

Punahou Carnival — This annual event and Hawaii favorite features a "New York. New York" theme, 11 a.m.-11 p.m., Feb. 7 and 8,

on the Punahou School campus. Local food, rides, games and other carnival favorites featured.

8 / Saturday

Swamp Romp — The annual Marine Corps Base Hawaii, Kaneohe Bay, Swamp Romp features a muddy-good time challenge, 7 a.m., Feb. 8. The event is open to the public. Visit www.mccshawaii.com/swam

"Welcome the Whales" - Turtle Bay Resort hosts this family event, 10 a.m.-3 p.m., Feb. 8. Scientists will host education booths with children's activities, family oriented lectures and an award winning video about humpback whales and special guided nature walks.

ASYMCA: Armed Services YMCA

BCT: Brigade Combat Team

Co.: Company

gram

BSB: Brigade Support Battalion

CYSS: Child, Youth and School Services

EFMP: Exceptional Family Member Pro-

FMWR: Family and Morale, Welfare and

Also features a youth clinic with keiki activities, Hawaiian storytelling and entertainment. Call 223-8364.

Tuskegee Airmen — Pacific Aviation Museum Pearl Harbor will welcome Tuskegee Airman Philip Baham, Dr. Dorothy Goldsborough and a panel of Black history experts, 2-4 p.m.,

They will discuss the stories and the legacy of the first African-American military aviators. The event is free with regular museum admission and free to museum members.

Pet and Fun Run — Valen-Tails Family 3K Fun Run and Expo, 4:30-9 p.m., Feb. 8, at Aloha Stadium features an untimed run at 7 p.m. through a laser-light obstacle course around the stadium.

Cost is \$35 for adults and \$20 for keiki: includes T-shirt. Visit www.active.com for information and online registration.

Ongoing

DeCA Scholarships - Applications for the 2014 Scholarships for Military Children Program are available at commissaries or online at www.militaryscholar.org.

Applications must be turned in to a commissary by close of business

FRG: Family Readiness Group FS: Fort Shafter HMR: Helemano Military

Recreation

Reservation IPC: Island Palm Communities PFC: Physical Fitness Center SB: Schofield Barracks

SKIES: Schools of Knowledge, TAMC: Tripler Army Medical

USAG-HI: U.S. Army Garrison-Hawaii USARPAC: U.S. Army-Pacific

Inspiration, Exploration and Skills Center

WAAF: Wheeler Army Airfield No shows on Mondays, Tuesdays

•Friday, 1 p.m. at MPC Annex

COMMUNITY HAWAII ARMY WEEKLY JANUARY 31, 2014 | B-3

Pacific Army Reserves, NFL go 'green' one more time

Story and photos by BRIAN MELANEPHY 9th Mission Support Command Public Affairs

HONOLULU — Thirty-four Pacific Army Reserve Soldiers, civilians and family members carpooled from Fort Shafter Flats to Hahaione Elementary School, Friday, for the 3rd annual 9th Mission Support Command, NFL tree planting event.

The tree planting team, including Carolina Panthers quarterback Cam Newton, arrived at the school shortly after noon to little bits of rain and a bunch of smiling kids.

After conducting a safety briefing, the volunteers met with NFL Environmental Program representatives and school officials. The task for the day was to interact with the students and to plant six kukui nut trees and approximately 100 plants and shrubs.

The volunteers got a quick lesson in tree planting and then went to work.

For MaryBeth Racette, U.S. Army Reserve-Theater Support Group (USAR-TSG) Environmental specialist, who coordinated the event, the excitement level went from high to stratospheric, with the appearance of Newton.

"If 'extra-cited' was a word that would be the best description," said Racette. "My son is a huge Panthers fan and meeting (Cam) Newton gave me 'cool mom' credits."

Cool moms and dads were everywhere for this event, including Sgt. 1st Class Deaundra Dotson, senior Human Resources sergeant, 2nd Detachment, 1984th U.S. Army Hospital, who brought her kindergartenaged daughter with her to have some fun and learn along the way.

"I brought my daughter with me to the (NFL tree planting) event because it was important for me to lead by example and show my child, not just tell her the importance of giving back to our community and giving our time to a cause that can affect so many other people," Dotson said.

This year was Dotson's first participating; however, if she is still stationed here next year she will most



likely volunteer again.

"The event was a bonding moment and such a memorable experience for me and my daughter, Veronica. We both had an amazing time seeing the smiles on the children's faces, as well as the community participation made all the hard work worth it," Dotson added.

After the tree planting was complete, participants stopped and went to an outdoor assembly. At the assembly, Cam Newton stepped up to the microphone and talked to kids about the importance of taking care of the environment. A Hawaiian tree blessing and a ceremonial ground-breaking followed.

The tree planting is one of three major events coordinated by USAR-TSG Environmental Division. The division also coordinates an Earth Day Festival at Fort Shafter Flats and the annual Pearl City Bike Path clean up.

The Environmental Division educates Pacific Army Reserve Soldiers, civilians and their family members on the importance of environmental



Staff Sgt. Felipe Hernandez Jr., human resources sergeant, Det. 2, 1984th U.S. Army Hospital, digs a hole with a pick axe during a volunteer tree-planting event at Hahaione Elementary School, Friday.

sustainability and works hard to keep the command environmentally compliant.



Maj. Ramzy Nefoussi, collective training officer, 9th MSC, puts gloves on his daughter, Ranya, before planting trees with fellow Army Reserve Soldiers, Carolina Panthers quarterback Cam Newton and Hahaione Elementary School students at the third annual Pacific Army Reserve, NFL tree-planting event at the school, Friday.

B-4 | JANUARY 31, 2014 HAWAII ARMY WEEKLY COMMU



Photos from Hayley Matson-Mathes

SCHOFIELD BARRACKS — Arizona Cardinals wide receiver Andre Roberts (back row, right) partnered with Proctor & Gamble and the Defense Commissary Agency (DeCA) in presenting a Football ProCamp for 135 military children, here, Friday and Saturday, Jan. 24-25.

Roberts was joined by professional football players Larry Fitzgerald and Justin Bethel of the Arizona Cardinals, A.J. Green of the Cincinnati Bengals, Akeem Dent of the Atlanta Falcons, and Alfred Morris from the Washington Redskins. The professional players and 10 area coaches taught football fundamentals, physical fitness and teamwork and encouraged academic excellence and positive attitudes.



Arizona Cardinals wide receiver Andre Roberts (left) and A.J. Green of the Cincinnati Bengals (right) pose for photos with a young fan.



Arizona Cardinals player and Pro Bowler Larry Fitzgerald interacts with the crowd of excited young fans during the Football ProCamp.

Big game means prepping

Panic has set in.
Military folks everywhere will be
mobbing the commissaries for necessary supplies and stockpiling items in their cabinets, pantries and refrigerators.





LISA SMITH MOLINARI
Contributing Writer

Is there another Herculean Arctic superstorm headed our way? Is a typhoon spinning its way eastward across the Pacific? Well, no.

But seeing as the Super Bowl is the second largest day for U.S. food consumption after Thanksgiving, there is a perfectly good reason why people are shoving old retirees out of the way to grab the last jar of queso dip. After all, a bowl day without the traditional football-watching foods would be downright catastrophic.

So, as the mother of an Eagle Scout, I feel obligated to warn everyone to "Be prepared." Before you take on the pre-Bowl crowds at the commissaries, be sure to ready the home front.

Clear the refrigerator of useless items, such as milk, eggs, fruits and vegetables. Other than a few sticks of celery to accompany the wings, toss any unprocessed foodstuffs that are taking up precious space needed for bowl day essentials.

Once the kitchen has been purged of all healthy, vitamin-fortified, low-fat, fiber-rich foods, it's time to mentally prepare for what you might encounter at the commissary.

Like a Roman Gladiator ascending the catacombs of the Coliseum, like the Duke of Wellington about to face Napoleon's army at Waterloo, like "The Real Housewives of New Jersey" sitting down to dinner — you must be ready to wage a battle of epic proportions.

As you jot down the arsenal of foods needed for Super Bowl sustenance, breathe deeply and meditate on the past. Gone are the archaic bowl days of yesteryear, when football fans survived on outdated canned-meat party sandwiches, pimento cheese spreads and gelatin salads. Thanks to modern advances

in processed cheese technology, the invention of Buffalo wings (origins are "hotly" debated) and the mass-production of tortilla chips in 1994, we are fortunate to have a proliferation of delicious modern bowl day snack foods at our disposal.

Presuming you can find an available shopping cart without committing aggravated assault, enter the commissary with a strategy. Don't just join the stream shoppers like some kind of amusement park pony; strike out on your own and hunt down your targets.

Unlike every other commissary trip, it is actually a good idea to bring the kids. As your secret weapons, they will enable you to divide and conquer. Send each one on a mission: "Lilly, you're going in for three jars of salsa. Anna, you're in charge of peanuts. Hayden, you're almost a man now, so I'm trusting you to find those little smoked sausages for pigs in a blanket. Can you do it?"

"Yes, ma'am!"

"Now, GO, GO, GO!"

With your cart filled to the brim with every snack food known to modern man, head to the check out lanes, but do not waste precious time standing in line. Simply feign some kind of cardiac episode — ala Fred Sanford's "It's the big one, Elizabeth!" — and fellow shoppers will surely let you cut in line, so you can get the glycerin pills "left in the car."

It might sound far fetched, but when they see all the pork products and processed cheeses in your cart, they'll be convinced that your arteries are harder than a coffin nail and guide you to the head of the line.

Finally at home with your snack foods stockpiled and beverages chilling, you can finally breathe easy, knowing that you can eat your face off come Sunday, Feb. 2nd.

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Sgt. Jesse Untalan, 8th Theater Sustainment Command Public Affairs

Sgt. Luke Failauga, 8th STB, 8th TSC, leads Webling Elementary School students in stretching exercises during a morning physical exercise session, Jan. 22.

8STB, students bond

8TH THEATER SUSTAINMENT COMMAND

Public Affairs

AIEA — It's a bond that grows stronger with every single push-up and sit-up they laugh through together, every single Tuesday and Wednesday, in the gyms and on the playgrounds of Webling Elementary School.

A group of 8th Special Troops Battalion Soldiers are committed to constantly re-energizing this bond with exercises and smiles each week.

More than 180 students in the school's kindergarten, 1st and 5th grade classes shared a morning full of motivating new exercises during the physical exercise session, Jan. 22.

The unit's relationship with the school began more than five years ago and was renewed at the start of the 2013-2014 school year with Sgt. Luke Failauga taking the role as lead liaison following two years of being one of the most committed volunteers in the program.

"It's important to do things like this because it creates a fun and positive environment for the kids to stay physically fit and gives them the hope and motivation to push themselves to do things they've never done before," Failauga said. "My favorite part is seeing students laugh, while also showing discipline as I lead the physical education sessions."

He and Pfc. Darrius Scott often lead more than five hours worth of different daily PT sessions each week for the school's 600 students. Failauga said it's a mix of the students' usual exercises and some Army exercises that he uses cadence-style counting for, so they experience a sample of Army PT.

"I like seeing them have fun, especially when they say, 'You Army Soldiers are strong. I want to be in the Army when I grow up, too,'" Failauga said.

The physical education partnership is just part of the 8th STB's relationship with the school, which also includes assisting in school projects and serving as mentors in community and tutoring programs.

"(This) builds a great relationship between the Soldiers, the unit, the Army, our kids, the school and the outside community," said Webling Principal Sherrylyn Yamada.